

Kiddies' Cabin Winter Menu – 2019-2020

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <u>WEEK 1</u> | | | | |
| <p>Breakfast: Assorted cereals / toast / milk</p> <p>Snack: Fresh fruit & milk</p> <p>Lunch: Sausage, Mash with Cabbage and Gravy Apple Crumble with Custard</p> <p>Tea: Vegetable soup with Naan Bread</p> <p>Fromage Frais</p> | <p>Breakfast: Assorted cereals / toast, milk</p> <p>Snack: Breadsticks & milk</p> <p>Lunch: Chicken sweetcorn potato topped pie with carrots. Angel Delight</p> <p>Tea: Meat Ravioli with Garlic Bread Jelly</p> | <p>Breakfast: Assorted cereals / toast</p> <p>Snack: Fresh fruit & milk</p> <p>Lunch: Roast Pork, Roast Potatoes, Green Beans with Gravy Fruit Yogurt</p> <p>Tea: Mini Sausages with Spaghetti Hoops Biscuit</p> | <p>Breakfast: Assorted cereals / toast, milk</p> <p>Snack: Fresh fruit & milk</p> <p>Lunch: Breaded Fish with Chips and Peas Fruit Crème Fraiche</p> <p>Tea: Beans on Toast Yoghurt</p> | <p>Breakfast: Assorted cereals / toast, milk</p> <p>Snack: Fresh fruit & milk</p> <p>Lunch: Cottage Pie with sweetcorn Fromage Frais</p> <p>Tea: Chicken nuggets with Bread and Butter and carrot sticks Fresh Fruit</p> |

WEEK 2

Breakfast: Assorted cereals / toast, milk

Snack: Fresh fruit & milk

Lunch: Tuna Pasta Bake with Peas and Sweetcorn
Hot fruit with Crème Fraiche

Tea: Hot Sausage Roll with cucumber wedges
Yoghurt

Breakfast: Assorted cereals / toast, milk

Snack: Breadsticks & milk

Lunch: Chilli Beef Hotpot with carrots
Rice Pudding with Low Sugar Jam

Tea: Pizza Slices with Cherry Tomatoes
Fresh Fruit

Breakfast: Assorted cereals / toast, milk

Snack: Fresh fruit & milk

Lunch: Chicken Meatballs in gravy, boiled potato and mixed veg.
Fruit Yogurt

Tea: Fish Cakes and Baked Beans
Jelly

Breakfast: Assorted cereals / toast, milk

Snack: Fresh fruit & milk

Lunch: Roast Turkey, Roast Potato, Cauliflower and Broccoli with Gravy
Fresh Fruit with Natural Yogurt

Tea: Ham or Jam Rolls with Cucumber Slices
Biscuit

Breakfast: Assorted cereals / toast, milk

Snack: Fresh fruit & milk

Lunch: Sausage and Vegetable Pasta with Green Beans
Peaches in Melba sauce

Tea: Cheesy Garlic Bread with Tomato Slices

Fromage Frais

WEEK 3

Breakfast: Assorted cereals / toast, milk

Snack: Fresh fruit & milk

Lunch: Roast Beef, Roast Potatoes, Peas and Carrots with Gravy.
Rice Pudding

Tea: Mixed Sandwiches (Ham, Turkey, Cheese, or Jam) with Cucumber Slices
Fresh fruit

Breakfast: Assorted cereals / toast, milk

Snack: Fresh fruit & milk

Lunch: Sausage, Tomato and Baked Bean Hotpot with Mixed Vegetables
Fresh Fruit

Tea: Vegetable Ravioli with Bread and Butter
Fromage frais

Breakfast: Assorted cereals / toast, milk

Snack: Fresh fruit & milk

Lunch: Chicken Curry with Rice
Fruit Yogurt

Tea: Potato Waffles with Cheese and Tomato
Biscuit

Breakfast: Assorted cereals / toast, milk

Snack: Breadsticks & milk

Lunch: Beef Lasagne with Sweetcorn
Fruit and Natural Yogurt

Tea: Cheese and Onion Pastry with Baked Beans
Jelly

Breakfast: Assorted cereals / toast, milk

Snack: Fresh fruit & milk

Lunch: Fish Pie with Green Beans
Vanilla Sponge with Chocolate Sauce

Tea: Pizza Slices with Carrot Slices
Fruit Yoghurt